



Lunch Starters

Grilled Vegetable Stack zucchini, squash, red onion, tomato, mozzarella, balsamic syrup, basil oil 9.

Lemon Pepper Calamari citrus caper remouladé 11.

Hummus Sampler traditional, roasted red pepper, fresh herb, pita chips 8.

Salmon Sliders sundried tomato pesto, basil pesto aioli, feta, sweet potato fries 12.

French Onion Soup garlic bread, gruyere crust 7.

Salads

Add Grilled: Chicken 8 or Salmon 10.

Bistro greens, tomato, cucumber, red onion, breadsticks, balsamic vinaigrette 7

Caesar romaine, parmesan, tomato, white anchovies, Caesar dressing, focaccia crostini 8.

Pear and Roasted Beet mixed greens, walnuts, blue cheese crumbles, walnut vinaigrette 8.

Entrée Salads

Southwest BBQ chicken, corn, tomato, crisp tortillas, cheddar, romaine, chili lime dressing 16.

Grilled Salmon greens, dried cranberries, pecans, goat cheese, orange poppy dressing 18.

Steak Salad greens, tomato, sautéed onion and peppers, rosemary parmesan fries, ranch dressing 18.

Lunch Entrées

Black Tiger Shrimp artichoke & spinach stuffed, tomato parmesan cream, basmati, fresh vegetable 15.

Pesto Shrimp Penne grilled shrimp, pesto cream, seasonal vegetables, fresh herbs, parmesan 15.

Bay of Fundy Salmon pepita encrusted, apple horseradish jam, basmati rice, fresh vegetable 17.

Almond Chicken brie cream sauce, scallion basmati, fresh vegetable 14.

Crab Cake whole grain mustard aioli, scallion basmati, fresh vegetable 15.

Sandwiches

All sandwiches are served with tortellini salad
Substitute French fries or sweet potato fries \$2

Garbanzo Bean Quinoa Burger roasted red pepper hummus, feta, pickled red onion, lettuce, tomato 11.

Bistro Burger* white cheddar, bacon, roasted garlic ketchup, house made pickles, lettuce, tomato, onion 14.

Chicken Salad Croissant sun dried tomato, bacon, pecans, lettuce, tomato 11.

Grilled Vegetable Wrap balsamic vinaigrette, zucchini, squash, red onion, lettuce, tomato, mozzarella cheese 11.

Caesar Chicken Wrap Caesar dressing, lettuce, tomato, parmesan 11.

*These items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of food borne illness.