

## Lunch Starters

**Grilled Vegetable Stack** zucchini, squash, red onion, tomato, mozzarella, balsamic syrup, basil oil 9.

**Lemon Pepper Calamari** citrus caper remouladé 12.

**Hummus Sampler** traditional, roasted red pepper, fresh herb, pita chips 8.

**French Onion Soup** garlic bread, gruyere crust 7.

**Soup Artistry** 6.

## Salads

Add Grilled Chicken 8. Grilled Salmon 10.

**Bistro** greens, tomato, cucumber, red onion, breadsticks, balsamic vinaigrette 7.

**Caesar** romaine, parmesan, tomato, white anchovies, Caesar dressing, focaccia crostini 8.

**Pear and Roasted Beet** mixed greens, walnuts, blue cheese crumbles, walnut vinaigrette 8.

## Entrée Salads

**Southwest** BBQ chicken, corn, tomato, crisp tortillas, cheddar, romaine, chili lime dressing 16.

**Grilled Salmon** greens, dried cranberries, pecans, goat cheese, orange poppy dressing 18.

**Steak Salad\*** greens, tomato, sautéed peppers & onions, rosemary parmesan fries, ranch 19.

Executive Chef/Founder: Jessica Bauer

General Manager: Greg Gazica

Proprietor: B DeFrancis

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## Lunch Entrées

**Black Tiger Shrimp** artichoke & spinach stuffed, tomato parmesan cream, basmati, fresh vegetable 15.

**Bay of Fundy Salmon** heirloom tomato Provençal sauce, scallion basmati rice, fresh vegetable 17.

**Penne Pasta** Italian veal sausage, roasted red peppers, spinach, parmesan alfredo, sundried tomato pesto 14.

**Almond Chicken** brie cream sauce, scallion basmati, fresh vegetable 14.

**Crab Cake** whole grain mustard aioli, scallion basmati, fresh vegetable 17.

## Sandwiches

All sandwiches are served with tortellini salad  
Substitute French fries or sweet potato fries \$2

**Heirloom Tomato Panini** basil pesto, garlic aioli, mozzarella, gruyere, charred grape tomatoes, balsamic onions 12.

**Chicken Salad Croissant** sun dried tomato, bacon, pecans, lettuce, tomato 11.

**Bistro Burger\*** white cheddar, bacon, roasted garlic ketchup, house made pickles, lettuce, tomato, onion 14.

**Grilled Vegetable Wrap** balsamic vinaigrette, zucchini, squash, red onion, lettuce, tomato, mozzarella cheese 11.

**BBQ Chicken Wrap** black bean & corn salsa, onion straws, lettuce, tomato, cheddar 12.

\*These items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of food borne illness.