

Lunch Starters

Grilled Vegetable Stack zucchini, squash, red onion, tomato, mozzarella, balsamic syrup, basil oil 9.

Lemon Pepper Calamari citrus caper remouladé 12.

Hummus Sampler traditional, roasted red pepper, fresh herb, pita chips 8.

French Onion Soup garlic bread, gruyere crust 7.

Soup Artistry 6.

Salads

Add Grilled Chicken 8. Grilled Salmon 10.

Bistro greens, tomato, cucumber, red onion, breadsticks, balsamic vinaigrette 7.

Caesar romaine, parmesan, tomato, white anchovies, Caesar dressing, focaccia crostini 8.

Pear and Roasted Beet mixed greens, walnuts, blue cheese crumbles, walnut vinaigrette 8.

Entrée Salads

Southwest BBQ chicken, corn, tomato, crisp tortillas, cheddar, romaine, chili lime dressing 15.

Grilled Salmon greens, dried cranberries, pecans, goat cheese, orange poppy dressing 17.

Steak Salad* greens, tomato, sautéed peppers & onions, rosemary parmesan fries, ranch 18.

Lunch Entrées

Black Tiger Shrimp artichoke & spinach stuffed, tomato parmesan cream, basmati, fresh vegetable 15.

Bay of Fundy Salmon corn veloute, scallion basmati rice, fresh vegetable 17.

Penne Pasta blackened chicken, alfredo sauce, zucchini & squash, sun dried tomatoes 14.

Almond Chicken brie cream sauce, scallion basmati, fresh vegetable 14.

Jumbo Lump Crab Cake whole grain mustard aioli, scallion basmati, fresh vegetable 20.

Sandwiches

All sandwiches are served with French fries or sweet potato fries

Chicken Salad Croissant sun dried tomato, bacon, pecans, lettuce, tomato 13.

Bistro Burger* white cheddar, bacon, roasted garlic ketchup, house made pickles, lettuce, tomato, onion 16.

Grilled Vegetable Wrap balsamic vinaigrette, zucchini, squash, red onion, lettuce, tomato, mozzarella cheese 13. With grilled chicken 15.

Grilled Chicken Wrap napa slaw, scallions, toasted almonds, sesame vinaigrette 14.

General Manager: Greg Gazica
Proprietor: B DeFrancis

www.bistro19.com

*These items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of food borne illness.